


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
No School 2	Taco, Pinto beans, Sp. Rice, Pears, Milk 3 Cinn. Toast, Juice, Milk	Chic. Nuggets, cream Potato, gravy, carrots, Mix Fruit, Hot rolls, milk 4 Cereal, Toast, Juice, Milk	Sp. Meat sauce, Corn, Black Eye peas, Applesauce, Bread Sticks, milk 5 Scrambled eggs/biscuits, Juice, Milk	Stew, cheese toast, Cinn. Rolls, Oranges, Crackers, Milk 6 Manager's choice
Nachos, Pinto beans, Salad, Pineapple tidbits, cornbread, Milk 9 Mini pancakes, sausage, Juice, Milk	Chicken patty sandwich, lettuce/tomato salad, vegi Beans, Apples, Milk 10 Rice, Toast, Juice, Milk	Steakfingers, Gravy, Cr. Potato, Gr. Beans, Cherry bar, Hot rolls, milk 11 Cereal, Toast, Juice, Milk	Chic. Quesadilla, Pinto Beans, salad, Cobbler, Milk 12 Cheese stick, Toast, Juice, Milk	Cheese Pizza, Salad, Corn, Apples, Milk 13 Manager's choice
No School 16	Cheese enchiladas, salad, Refried beans, Cinn. Apples, Milk 17 Yogurt and fruit parfait Milk	Pigs in blanket, Western Beans, Oranges, Corn, Coblette, Milk 18 Cereal, Toast, Juice, Milk	Taco salad, Corn, Snow-Ball salad, Milk 19 French toast, Juice, Milk	Chili beans, Salad, Applesauce, Cornbread, Milk 20 Manager's choice
Fajitas, refried beans, corn, Oranges, tortilla, milk 23 Pancakes, syrup, Juice, Milk	Chic. Fried steak, gravy, Cr. Potato, Gr. Beans, Rolls, Strawberry short cake, milk 24 Sausage, Biscuit, Juice, Milk	Chic. Spaghetti, salad, Black eye peas, salad, Tx Toast, Pears, Milk 25 Cereal, toast, Juice, Milk	Beef/Bean chalupa, lettuce, Tomato salad, Sp. Rice, Applesauce, Milk 26 Biscuit/Gravy, Juice, Milk	BBQ Sausage link, Froz. Broccoli, Mix Fruit, Mac/ Cheese, Loaf bread, Milk 27 Manager's choice
Corndogs, Western beans, Celery/Carrot stks, Apples, Milk 30 Bkft Pizza, Juice, Milk	Gr. Beef/mac, salad, corn, Fruit bar, cornbread, Milk 31 Egg/Cheese Omlett, Juice, Milk	School Information: <ul style="list-style-type: none"> Contact your child's cafeteria with any questions you may have. 		

NUTRITION TIP: Stay Active

MyPlate recommends making physical activity a regular part of the day

- At Home
- At Work
- At Play



School Information:

- Menus are subject to change without notice due to shortages or outages.